

2026 ACRO Canadian Championships
Durham College 2000 Simcoe St N, Oshawa, ON L1G 0C5

TIMETABLE

2026/05/18 MONDAY

19:00
21:00

National Judges' Course - Virtual

2026 ACRO Canadian Championships
Durham College 2000 Simcoe St N, Oshawa, ON L1G 0C5

TIMETABLE

2026/05/19 TUESDAY

19:00
19:30

Orientation Meeting - Virtual - see workplan for details

19:00
21:00

National Judges' Course - Virtual

19:45
20:45

Coach Forum & NT Coach Council Meeting - Virtual

2026 ACRO Canadian Championships
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TIMETABLE

2026/05/21 THURSDAY

09:00
09:10

Gym Opens

09:00
16:00

National Judges' Course

11:00
13:00

Open Training & Athlete Measurement - Quebec (18 partnerships)

13:00
15:30

Open Training & Athlete Measurement - Alberta (24 partnerships)

15:30
16:30

Open Training & Athlete Measurement - British Columbia & Saskatchewan (7 partnerships)

16:30
18:30

Open Training and Athlete Measurements - Ontario (19 Partnerships)

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TIMETABLE

2026/05/22 FRIDAY

08:45 09:00	<i>Gym Opens</i>
09:00 09:45	<i>Judges' Meeting & Light Breakfast</i>
10:00 10:30	Rotation 1 046 Level 7 (9-13) WP () R1 021 Aspire WP () R1
10:35 11:05	Rotation 2 053 Level 7 (14+) WG () R1
11:10 11:55	Rotation 3 047 Level 7 (14+) WP () R1
11:55 13:00	<i>Judges' Lunch</i>
12:15 12:30	<i>Opening Ceremonies</i>
13:15 13:45	Rotation 4 024 Aspire WG () R1
13:50 14:40	Rotation 5 036 Level 8 (9-13) WP () R1 037 Level 8 (14+) WP () R1 031 Level 9 WP () R1
14:45 15:10	Rotation 6 042 Level 8 (9-13) WG () R2 044 Level 8 (14+) WG () R2
15:15 15:45	Rotation 7 034 Level 9 WG () R1 029 Level 10 WG () R1
15:45 17:05	<i>Judges' Break</i>
17:20 17:45	Rotation 8 019 Pre-Youth WG (FIG 11-16) () R2
17:50 18:35	Rotation 9 016 Pre-Youth (FIG 11-16) () R1 011 Youth WP (FIG 12-18) () R1
18:40 19:10	Rotation 10 014 Youth WG (FIG 12-18) () R2 009 Junior (13-19) WG () R2 004 Senior WG () R2

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TIMETABLE

2026/05/23 SATURDAY

08:30
09:15 *Judges' Meeting and Light Breakfast*

09:00
09:15 *Gym Opens*

10:15
10:40 **Rotation 11**
019 Pre-Youth WG (FIG 11-16) () R1

10:45
11:30 **Rotation 12**
016 Pre-Youth (FIG 11-16) () R2
011 Youth WP (FIG 12-18) () R2

11:35
12:05 **Rotation 13**
014 Youth WG (FIG 12-18) () R1
009 Junior (13-19) WG () R1
004 Senior WG () R1

12:05
13:50 *Judges' Lunch*

14:05
14:35 **Rotation 14**
046 Level 7 (9-13) WP () R2
021 Aspire WP () R2

14:40
15:10 **Rotation 15**
053 Level 7 (14+) WG () R2

15:20
16:05 **Rotation 16**
047 Level 7 (14+) WP () R2

16:10
16:40 **Rotation 17**
024 Aspire WG () R2

17:00
17:45 *Awards - L7 WP, L7 WG, Aspire WP, Aspire WG*

17:00
18:00 *Judges' Dinners*

18:20
19:10 **Rotation 18**
036 Level 8 (9-13) WP () R2
037 Level 8 (14+) WP () R2
031 Level 9 WP () R2

19:15
19:40 **Rotation 19**
042 Level 8 (9-13) WG () R1
044 Level 8 (14+) WG () R1

19:45
20:15 **Rotation 20**
034 Level 9 WG () R2
029 Level 10 WG () R2

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TIMETABLE

2026/05/24 SUNDAY

08:15
08:30

Gym Opens

08:30
09:15

Judges' Meeting & Light Breakfast

09:30
10:00

Rotation 21

016 Pre-Youth (FIG 11-16) () R3

10:10
10:35

Rotation 22

019 Pre-Youth WG (FIG 11-16) () R3

10:45
11:00

Rotation 23

011 Youth WP (FIG 12-18) () R3

11:10
11:40

Rotation 24

014 Youth WG (FIG 12-18) () R3

009 Junior (13-19) WG () R3

004 Senior WG () R3

11:50
12:30

Awards - Pre Youth, Youth, Junior, Senior