



ARTISTIC GYMNASTICS PROVISIONAL SCHEDULE

Wednesday, June 5, 2024

	Unigym Gatineau	SLUSH PUPPY		Meetings & Awards	
		WAG	MAG		
8:00	Open Training MAG-WAG 8:00-10:30	Podium Training Junior/Novice 8:00-10:00			
8:30					
9:00					
9:30					
10:00					
10:30		Podium Training Senior 10:15-12:15	Aspire/Junior (15-16) Training 10:00-12:30	CCP Judge lunch & meeting 11:30	
11:00	Warm-up CCP9 (11-14) Subdivision 1 11:25-12:45				
11:30					
12:00				WAG Tech meeting 12:30	
12:30					MAG Tech meeting 13:00
13:00		Competition CCP9 (11-14) Subdivision 1 13:00-15:00	Junior (17-18) Training 13:00-15:30		
13:30	Warm-up CCP9 (11-14) Subdivision 2 13:40-15:00				
14:00					
14:30					
15:00		Competition CCP9 (11-14) Subdivision 2 15:15-17:15	Senior Training 15:30-18:00	WAG Team Awards CCP9 (11-14)	
15:30					
16:00					
16:30	Warm-up CCP10 (12-15) 16:20-18:00			CCP Judge supper 17:15-18:20	
17:00					
17:30					
18:00	Open Training MAG-WAG 18:00-20:30	Competition CCP10 (12-15) 18:15-21:30	National Open Training 18:30-21:00		
18:30					
19:00					
19:30					
20:00					
20:30					
21:00				WAG Team Awards CCP10 (12-15)	
21:30					
22:00					

Thursday, June 6, 2024

	Unigym Gatineau	SLUSH PUPPY		Meetings & Awards	
		WAG	MAG		
8:00	Warm-up CCP9 (15+) Subdivision 1 8:10-9:30	Open Training Senior 8:00-9:30	Open Training 8:00-9:30		
8:30					
9:00					
9:30		Competition CCP9 (15+) Subdivision 1 9:45-12:15	Junior Day 1 Warm-up 9:45-11:15		
10:00					MAG Judges meeting 10:45
10:30	Warm-up CCP9 (15+) Subdivision 2 11:10-12:30		Junior Day 1 Competition 11:15-14:15		
11:00					CCP Judge lunch 15:15-16:15
11:30		Competition CCP9 (15+) Subdivision 2 12:45-15:15			
12:00					
12:30					
13:00					
13:30					
14:00					
14:30	Warm-up CCP10 (16+) Subdivision 1 14:53-16:00			WAG Team Awards CCP9 (15+)	MAG Team Awards - Junior Day 1
15:00					
15:30		Competition CCP10 (16+) Subdivision 1 16:15-18:35	Senior Day 1 Warm-up 16:15-17:45		
16:00					MAG Judges meeting 17:15
16:30	Warm-up CCP10 (16+) Subdivision 2 17:22-18:30		Senior Day 1 Competition 17:45-20:45		
17:00					CCP Judge supper 17:15-18:20
17:30		Competition CCP10 (16+) Subdivision 2 18:45-21:00			
18:00	Open Training MAG-WAG 18:30-20:00				
18:30					
19:00					
19:30					
20:00					
20:30				WAG Team Awards CCP10 (16+)	
21:00					
21:30					
22:00					

Friday, June 7, 2024

	Unigym Gatineau	SLUSH PUPPY		Meetings & Awards	
		WAG	MAG		
8:00	Open training WAG/MAG	Novice/Junior Day 1 Warm-up 8:00-9:30	Aspire/Junior (15-16) Day 1 Warm-up 8:00-9:30		
8:30				WAG HP Judges meeting 9:00	MAG Judges meeting 9:00
9:00					
9:30					
10:00					
10:30					
11:00					
11:30					
12:00					MAG Team & All-Around Awards
12:30					
13:00		CCP9 (11-14) AA & AF 11:30-15:30	Open Day 1 Warm-up 13:00-14:30	CCP Judges meeting 12:00-13:00	
13:30					
14:00					
14:30				MAG Judges meeting 14:00	
15:00					
15:30			Open Day 1 Competition 14:30-17:30		
16:00					
16:30		Senior Day 1 Warm-up 16:00-17:40		HP Judges meeting 17:00	MAG Team & All-Around Awards
17:00					
17:30					
18:00					
18:30		Senior Day 1 Competition 18:00-20:30			
19:00					
19:30					
20:00					
20:30					
21:00					
21:30					
22:00					

Saturday, June 8, 2024

	Unigym Gatineau	SLUSH PUPPY		Meetings & Awards	
		WAG	MAG		
8:00	Open training WAG/MAG	CCP10 (12-15) AA & AF 8:00-12:00			
8:30					
9:00					
9:30					
10:00					
10:30			Junior (17-18) Day 2 Warm-up 10:30-12:00		
11:00					
11:30				WAG Individual Awards	MAG Judges Meeting 11:30
12:00				CCP Judges lunch 12:00-12:45	
12:30			Novice/Junior Day 2 Warm-up 12:30-14:10		
13:00					
13:30					
14:00					
14:30			Novice/Junior Day 2 Competition 14:20-16:20		MAG Individual Awards
15:00					
15:30					
16:00				WAG Individual Awards	
16:30				CCP Judges supper 16:30-17:15	
17:00				MAG Judges Meeting 17:00	
17:30					
18:00					
18:30		CCP10 (16+) AA & AF 17:00-21:00	Senior Day 2 Competition 17:30-20:30		
19:00					
19:30					
20:00					
20:30				MAG Individual Awards	
21:00					
21:30			WAG Individual Awards		
22:00					

Sunday, June 9, 2024

	Unigym Gatineau	SLUSH PUPPY		Meetings & Awards	
		WAG	MAG		
8:00	Open training				
8:30			Aspire/Junior (15-16) Day 2 Warm-up 8:30-10:00		
9:00					MAG Judges meeting 9:30
9:30					
10:00			CCP9 (15+) AA & AF 8:30-12:30	Aspire/Junior (15-16) Day 2 Competition 10:00-12:30	
10:30					
11:00					
11:30					
12:00					WAG Individual awards
12:30					
13:00		Senior Day 2 Warm-up 13:00-14:40	Open Day 2 Warm-up 13:00-14:30	HP Judges lunch 12:20-14:40	
13:30					
14:00				MAG Judges meeting 14:00	
14:30					
15:00		Senior Day 2 Competition 14:50-16:50	Open Day 2 Competition 14:30-17:30		
15:30					
16:00					
16:30					
17:00				WAG Individual awards	
17:30					
18:00				MAG Individual awards	
18:30					
19:00					
19:30					
20:00					
20:30					
21:00					
21:30					
22:00					



TRAMPOLINE GYMNASTICS PROVISIONAL SCHEDULE

2024 TG Canadian Championships Schedule (Basic Draft)						
WEDNESDAY, JUNE 5th						
		TUMBLING Competition Gym		TRAMPOLINE Training Gym OR Tramp 1	TRAMPOLINE Competition Gym or Tramp 2	DMT Competition Gym
TRAINING & MEETINGS	9:00 - 10:45	TRAINING QC, NB, NS, NL				
	10:45 - 12:30	TRAINING ON				
	12:30 - 14:15	TRAINING AB				
	12:00 - 13:30	JUDGE CHAIRS OF CANADA MEETING				
	14:30 - 15:30	JUDGES TECHNICAL MEETING				
	14:15 - 16:00	TRAINING BC, SK, MB				
	16:15 - 16:45	ORIENTATION MEETING (Coaches)				
	19:00 - 20:00	COACHES COUNCIL & ATHLETES MEETINGS				
	20:00 - 21:00	TTPC MEETING				
2024 TG Canadian Championships Schedule (BASIC Draft)						
THURSDAY, JUNE 6th						
		TUMBLING Competition Gym		TRAMPOLINE Training Gym OR Tramp 1	TRAMPOLINE Competition Gym or Tramp 2	DMT Competition Gym
BLOCK 1	8:00 - 8:45	GENERAL WARM-UP (BLOCK 1)				
		TUMBLING TRAINING	8:45 - 12:45	SYNCHRO PRELIMS	8:45 - 12:45	PRELIMS
BLOCK 2	12:45 - 13:30	GENERAL WARM-UP (BLOCK 2)				
		TUMBLING TRAINING	13:30 - 16:30	PRELIMS	13:30 - 16:30	PRELIMS
	16:30 - 16:45	OPENING CEREMONIES				
BLOCK 3	16:45 - 17:30	GENERAL WARM-UP (BLOCK 3)				
		TUMBLING PRELIMS				

2024 TG Canadian Championships Schedule (Basic Draft)

FRIDAY, JUNE 7th

FRIDAY, JUNE 7th							
		TUMBLING Competition Gym		TRAMPOLINE Training Gym OR Tramp 1	TRAMPOLINE Competition Gym or Tramp 2	DMT Competition Gym	
	8:00 - 8:45	GENERAL WARM-UP (BLOCK 4)					
BLOCK 4	8:45 - 11:45	PRELIMS	8:45 - 11:45	PRELIMS		8:45 - 11:45	PRELIMS
	11:45 - 12:30	GENERAL WARM-UP (BLOCK 5)					
BLOCK 5	12:30 - 15:30	PRELIMS	12:30 - 15:30	PRELIMS		12:30 - 15:30	PRELIMS
	15:30 - 16:15	GENERAL WARM-UP (BLOCK 6)					
BLOCK 6	16:15 - 19:15	PRELIMS	16:15 - 19:15	SYNCHRO FINALS		16:15 - 19:15	PRELIMS Q2's
	19:15 - 20:00	AWARDS - BLOCK 6					

2024 TG Canadian Championships Schedule (Basic Draft)

SATURDAY, JUNE 8th

SATURDAY, JUNE 8th							
		TUMBLING Competition Gym		TRAMPOLINE Training Gym OR Tramp 1	TRAMPOLINE Competition Gym or Tramp 2	DMT Competition Gym	
	8:00 - 8:45	GENERAL WARM-UP (BLOCK 7)					
BLOCK 7	8:45 - 11:45	PRELIMS Q2's	8:45 - 11:45	FINALS		8:45 - 11:45	FINALS
	11:45 - 12:15	AWARDS - BLOCK 7					
	12:15 - 13:00	GENERAL WARM-UP (BLOCK 8)					
BLOCK 8	13:00 - 16:00	FINALS	13:00 - 16:00	FINALS		13:00 - 16:00	FINALS
	16:00 - 16:45	AWARDS - BLOCK 8					
	16:45 - 17:30	GENERAL WARM-UP (BLOCK 9)					
BLOCK 9	17:30 - 20:00	FINALS	17:30 - 20:00	FINALS		17:30 - 20:00	FINALS
	20:00 - 20:45	AWARDS - BLOCK 9 & SPECIAL AWARDS					

2024 TG Canadian Championships Schedule (Basic Draft)

Sunday, JUNE 8th

TUMBLING Competition Gym			TRAMPOLINE Training Gym OR Tramp 1 TRAMPOLINE Competition Gym or Tramp 2			DMI Competition Gym
8:00 - 8:45 GENERAL WARM-UP (BLOCK 10)						
FINALS						
BLOCK 10	8:45 - 11:45	FINALS	8:45 - 11:45	FINALS	8:45 - 11:45	FINALS
	11:45 - 12:15 AWARDS - BLOCK 10					
12:15 - 13:00 GENERAL WARM-UP (BLOCK 11)						
FINALS						
BLOCK 11	13:00 - 17:00	TEAM FINALS	13:00 - 17:00	TEAM FINALS	13:00 - 17:00	TEAM FINALS
	17:00 - 17:30 AWARDS - BLOCK 11					

2024 TG Canadian Championships Schedule (Basic Draft)

MONDAY JUNE 9th

TTPA MEETING 9:00 - 13:00



ACROBATIC GYMNASTICS PROVISIONAL SCHEDULE

Day	Time	Draft Program
1	Thursday June 6 th	Training Meetings (orientation, judges meeting)
2	Friday June 7 th	Morning: USDP Levels (Routine #1) Afternoon: FIG Levels (Balance)
3	Saturday June 8 th	Morning: USDP Levels (Routine #2) Afternoon/evening: Youth & FIG Levels (Dynamic) Awards
4	Sunday June 9 th	Youth & FIG Finals/Combined routines Awards

**National Level Judge Course TBC – June 5th and 6th from 9:00am – 4:00pm*